

St. VINCENT & THE GRENADINES STILL HOLDS THE SECRET – of what life was like on the smaller Caribbean Islands before the advent of mass tourism and mega-resorts. Our programme is designed to ensure that we really connect with Vincentians, their life, culture and music on this unspoiled island !

Our package, JANUARY 16TH TO JANUARY 31ST 2010, includes –

- KINGSTON – MONTREAL – BARBADOS - St. VINCENT & RETURN
- FULL DAY BOAT EXCURSION TO BEQUIA ISLAND
- FULL DAY LAND TRIP TO THE INTERIOR OF THE ISLAND, YET ANOTHER TO DARK VIEW FALLS ON THE LEEWARD SIDE OF THE ISLAND
- FULL DAY TRIP ALONG THE WINDWARD COAST WITH A VISIT TO A SCHOOL
- CULTURAL CONTACTS INCLUDING A RASTA ITAL MEAL
- CULINARY EXPERIENCES WITH VINCENTIAN COOKING WITH SPICES
- VISIT A LOCAL PEPPER and SPICE FACTORY OPERATION
- VISIT TO KINGSTOWN MARKET AND AREA CHURCHES PLUS FORT CHARLOTTE
- A GUIDED TOUR AND THE KINGSTOWN BOTANICAL GARDENS
- FLIGHT DOWN TO UNION ISLAND FOR A DAY ON A SAILING CATAMARAN THROUGH SEVERAL of THE GENDADINE ISLANDS, INCLUDING THE TOBAGO KEYS.
- CALYPSO MUSIC AND DANCING LOTS OF FREE TIME TOO !

OUR ACCOMMODATION IS AT THE PARADISE INN, VILLA BEACH. MOST OF OUR MEALS ARE SERVED ON THE VERANDAH OVERLOOKING THE BEACH & YOUNG ISLAND. THERE WILL BE OPPORTUNITIES TO SWIM and SNORKEL almost EVERY DAY !

REGISTER **EARLY** TO SECURE YOUR PLACE ON THESE ISLANDS IN THE SUN !
THERE ARE ONLY 20 places available **\$ 4,995.00 per person dbl occ. Single add \$ 600.00**